

**BARNET COPTHALL WINTER SPRINTS**  
**COPTHALL - SUNDAY 30TH JANUARY 2010**

Event	Dist	Stroke	Age	Pos	Swimmer	Time	CQTs	Splits	
1	25m	Free	9	13	Emilea Read-Letts	21.33			
				16	Madeleine Formby	23.78	PB (2.0s)		
			10	18	Amelia Hardy	24.88			
				9	Claudia Hawkins	19.05			
			11	12	Eleanor Lawson	19.39			
				3	Anna Church	16.77			
			12	1	Georgina Lawson	16.26			
				3	Samantha Over	16.66			
			13	5	Katie Gormley	16.86			
				9	4	David Shipman	18.11		
			10	3	Luke Maddock-Lyon	16.96			
				9	Nicholas Formby	19.51			
			11	11	Gregor Mackay	19.72			
				2	Kaywon Alekasir	17.64			
			13	1	Aryan Alekasir	15.27			
				9	6	Georgianna Balchin	1 20.99		(25.61/28.40/26.98)
			10	10	Claudia Hawkins	1 21.05			(25.60/28.28/27.17)
				13	Eleanor Lawson	1 27.42			(23.26/39.00/25.16)
			11	5	Anna Church	1 06.93			(20.45/27.63/18.85)
				12	1	Georgina Lawson	1 01.12		(18.16/24.66/18.30)
13	5	Samantha Over	1 06.17			(18.98/26.38/20.81)			
	9	2	Jack Higgins	1 13.45		(22.26/28.28/22.91)			
10	6	David Shipman	1 22.22			(23.39/34.09/24.74)			
	10	Josef Wheeler	1 26.15			(26.39/34.47/25.29)			
11	7	Luke Maddock-Lyon	1 14.96			(22.04/30.55/22.37)			
	1	Oliver Formby	1 14.41			(22.80/28.20/23.41)			
13	2	Aryan Alekasir	1 07.74			(20.11/28.50/19.13)			
	9	2	Ben Harrison	43.88	PB (0.7s)	CQT	(19.82/24.06)		
10	6	Jack Shewell-Cooper	45.61			CQT	(19.80/25.81)		
	11	3	Kaywon Alekasir	42.61			(19.64/22.97)		
13	3	Aryan Alekasir	43.63				(19.06/24.57)		
	9	13	Rachel Dean	53.98	PB (6.4s)	CQT	(24.29/29.69)		
19	Georgianna Balchin	56.04	PB (3.5s)	CQT		(24.84/31.20)			
	23	Lauren Andrew	58.54	PB (22.3s)		(27.29/31.25)			
31	Amelia Hardy	1 05.07	PB (7.6s)			(30.31/34.76)			
	34	Emilea Read-Letts	1 11.57	NPT		(33.11/38.46)			
11	1	Andrea Houben	40.53			CQT	(18.48/22.05)		
	7	Claire Dean	46.45	PB (3.1s)		CQT	(21.23/25.22)		
20	Alice Hay	50.20	PB (1.8s)				(22.82/27.38)		
	12	3	Katie Gormley	46.10	PB (1.8s)		(21.26/24.84)		
13	5	Annabelle Milner	45.43	PB (0.8s)			(20.45/24.98)		
	9	4	Jack Higgins	43.76	PB (0.6s)	CQT	(21.54/22.22)		
7	Ben Harrison	45.34	PB (3.1s)	CQT		(22.80/22.54)			
	10	9	Jack Shewell-Cooper	44.26	PB (3.2s)	CQT	(21.85/22.41)		
12	Luke Maddock-Lyon	44.86	PB (2.2s)	CQT		(21.76/23.10)			
	11	2	Joshua Higgins	42.18			CQT	(21.16/21.02)	
4	Paul Blakemore	44.19	PB (0.5s)				(20.86/23.33)		
	13	3	Aryan Alekasir	41.27			(20.29/20.98)		

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Event	Dist	Stroke	Age	Pos	Swimmer	Time	CQTs	Splits		
6	50m	Free	9	13	Rachel Dean	41.86	PB (7.7s) CQT	(19.89/21.97)		
				23	Lauren Andrew	46.34	PB (1.9s)	(22.28/24.06)		
				24	Emilea Read-Letts	46.39	NPT	(22.92/23.47)		
			11			34	Amelia Hardy	56.13	PB (6.8s)	(27.10/29.03)
						6	Andrea Houben	34.04	PB (0.1s) CQT	(16.20/17.84)
						10	Claire Dean	35.11	CQT	(17.13/17.98)
						12	Anna Church	35.47	CQT	(17.14/18.33)
			12			32	Alice Hay	44.27	PB (0.4s)	(20.80/23.47)
						1	Georgina Lawson	32.34	PB (0.8s) CQT	(15.89/16.45)
						6	Samantha Over	34.21	PB (0.2s) CQT	(16.10/18.11)
			13			7	Katie Gormley	34.49	PB (0.1s) CQT	(17.09/17.40)
						13	Annabelle Milner	35.40	PB (1.7s)	(16.86/18.54)
			7	50m	Breast	9	4	Jack Higgins	51.46	PB (2.6s) CQT
14	Josef Wheeler	59.30						(27.26/32.04)		
15	Jordan Seal	1 00.08					NPT	(27.74/32.34)		
10	10	Jack Shewell-Cooper				51.30	PB (0.9s) CQT	(24.11/27.19)		
11	6	Oliver Formby				50.26		(23.12/27.14)		
8	50m	Fly	9	14	Lauren Andrew	55.80	NPT	(24.56/31.24)		
				11	8	Andrea Houben	40.31	CQT	(18.20/22.11)	
				12	2	Georgina Lawson	36.01	CQT	(16.26/19.75)	
				13	4	Samantha Burt	39.04	PB (3.9s)	(17.42/21.62)	
9	50m	Free	9	5	Ben Harrison	38.50	PB (0.3s) CQT	(18.77/19.73)		
				6	David Shipman	38.71	PB (0.4s) CQT	(18.29/20.42)		
				10	Jack Higgins	40.71	CQT	(19.89/20.82)		
				16	Jordan Seal	43.82	PB (2.3s) CQT	(21.00/22.82)		
			10	7	Luke Maddock-Lyon	36.99	PB (1.4s) CQT	(17.95/19.04)		
				8	Jack Shewell-Cooper	37.06	PB (0.3s) CQT	(17.69/19.37)		
				17	Gregor Mackay	40.02	PB (5.0s) CQT	(19.11/20.91)		
			11			26	Nicholas Formby	44.79	PB (1.7s)	(20.92/23.87)
						8	Paul Blakemore	37.49	PB (1.6s) CQT	(18.26/19.23)
						9	Joshua Higgins	37.90	CQT	(17.64/20.26)
						14	Oliver Formby	39.76		(19.13/20.63)
10	50m	Back	9	15	Lauren Andrew	51.50	PB (11.3s)	(24.97/26.53)		
				11	3	Anna Church	38.88	PB (0.6s) CQT	(19.60/19.28)	
				29	Alice Hay	54.29	PB (0.5s)	(27.38/26.91)		
				12	2	Georgina Lawson	37.79	PB (0.4s) CQT	(18.95/18.84)	
11	100m	IM	9	3	Ben Harrison	1 37.16	PB (6.3s) CQT	(20.30/25.02/29.10/22.74)		
				10	8	Jack Shewell-Cooper	1 38.04	PB (0.4s) CQT	(21.28/24.83/29.92/22.01)	
				11	4	Joshua Higgins	1 36.06	PB (4.6s) CQT	(20.64/22.59/30.97/21.86)	
12	100m	IM	11	5	Andrea Houben	1 25.15	PB (1.1s) CQT	(17.67/22.97/24.49/20.02)		
				13	7	Samantha Burt	1 28.59	PB (5.4s)	(17.41/22.48/28.43/20.27)	

Swims	89	
Personal Bests (PB)	44	
No Previous Times (NPT)	3	52.8%
County Qualifying Times	37	41.6%
First Places	6	
Second Places	7	24.7%
Third Places	9	