

Herts Counties 2010

Saturday 13th March

Stroke	Dist	Age	Heat	Final	Time	Splits		
Fly	50m	9	Lauren Andrew	7		47.31 PB (8.5s)	(20.70 / 26.61)	
		11	Andrea Houben	5		37.15 PB (1.3s)	(16.61 / 20.54)	
			Andrea Houben		5	37.34		
		12	Georgina Lawson	9		34.72 PB (1.0s)	(15.83 / 18.89)	
			Katie Gormley		DQ			
Back	200m	14	Niamh Gormley			40.39 PB (0.4s)	(18.32 / 22.07)	
		12	Georgina Lawson	11		2 52.64 PB (5.4s)	(41.13/45.41/44.61/41.29)	
Breast	50m	14	Ellen Hunt	9		2 44.28 NPT	(40.13/41.79/41.49/40.87)	
		11	Andrea Houben	1		40.46	(18.23 / 22.23)	
Breast	200m		Andrea Houben		1	39.66 PB (0.7s)	(18.26 / 21.40)	
		9	Jack Higgins	4		3 51.54 PB (16.6s)	(53.85/61.72/59.62/56.35)	
		10	Jack Shewell-Cooper	13		3 52.39 PB (13.9s)	(52.15/59.62/61.82/58.80)	
		13	Michael Batey	18		3 18.44 PB (4.2s)	(43.93/49.87/52.32/52.32)	

Saturday 20th / Sunday 21st March

Stroke	Dist	Age	Heat	Final	Time	Splits	
Back	50m	9	Jack Higgins	3		42.55 PB (2.8s)	(20.92 / 21.63)
			Ben Harrison	5		43.32 PB (0.4s)	(21.46 / 21.86)
		9	Ben Harrison		1	41.89 PB (0.7s)	
			Jack Higgins		2	41.96 PB (1.4s)	
		10	Luke Maddock-Lyon	15		44.18 PB (0.7s)	(21.26 / 22.92)
Breast	100m	11	Joshua Higgins	11		40.15 PB (1.0s)	(20.19 / 19.96)
		11	Andrea Houben	1		1 28.46	(41.91 / 46.55)
			Claire Dean	16		1 45.35 PB (4.4s)	(48.57 / 56.78)
			Andrea Houben		1	1 28.85	RQT (41.50 / 47.35)
		12	Katie Gormley	19		1 38.84 PB (3.2s)	(46.20 / 52.64)
Free	200m	14	Ellen Hunt	9		1 35.04	(45.63 / 49.41)
		9	Ben Harrison	3		2 54.10 PB (11.1s)	(38.90/44.29/47.27/43.64)
			Jack Higgins	9		3 05.62 PB (24.3s)	(42.10/48.00/48.95/46.57)
		10	Jack Shewell-Cooper	13		2 59.39 PB (5.9s)	(38.97/46.31/48.11/46.00)
			Luke Maddock-Lyon	22		3 07.11 PB (17.4s)	(41.69/49.82/48.68/45.91)
IM	200m	11	Joshua Higgins	22		2 57.54 PB (8.0s)	(41.64/45.42/46.12/44.36)
		13	Andrew Bays	24		2 37.07 NPT	(34.45/40.37/42.27/39.98)
		11	Andrea Houben	13		2 59.58 NPT	(40.76/48.22/50.82/34.71)
		12	Georgina Lawson	19		3 03.76 NPT	(38.92/47.53/57.41/40.12)
			Katie Gormley	21		3 04.97 PB (2.7s)	
Free	200m	14	Ellen Hunt	14		2 52.49 NPT	(41.51/43.5/50.19/37.44)
			Niamh Gormley	19		3 15.30 NPT	(43.09/49.32/56.38/46.51)
		9	Lauren Andrew	18		3 24.57 PB (44.4s)	(44.69/53.37/53.34/53.17)
		10	Jessica Hurley	16		3 03.61 PB (33.9s)	(41.24/48.35/48.54/45.48)
		11	Rebecca Hurley	34		2 58.03 PB (17.4s)	
Free	50m		Claire Dean		DQ	2 57.22	(37.25/45.97/47.44/46.56)
		12	Georgina Lawson	22		2 35.87 PB (3.1s)	(36.33/40.28/40.56/38.70)
			Katie Gormley	32		2 44.78	(36.78/41.93/42.84/43.23)
			Phoebe Love	33		2 45.64 NPT	(38.32/42.90/43.44/40.98)
		14	Niamh Gormley	20		2 52.64	(37.65/43.59/45.94/45.46)
Free	200m	9	Ben Harrison	4		36.70 PB (1.8s)	(17.80 / 18.90)
			Jack Higgins	9		37.75 PB (1.8s)	(17.92 / 19.83)
			Greg Hurley	19		40.71 PB (15.4s)	(18.78 / 21.93)
			Ben Harrison		DQ		
		10	Luke Maddock-Lyon	10		35.87 PB (1.1s)	(17.22 / 18.65)
IM	200m		Jack Shewell-Cooper		DQ	37.50	(16.95 / 20.55)
		11	Joshua Higgins	11		36.70 PB (0.9s)	(17.84 / 18.86)
		9	Ben Harrison	3		3 19.55 PB (5.3s)	(41.75/52.67/59.22/45.91)
			Jack Higgins	5		3 27.62 NPT	(49.63/51.63/60.03/46.33)

		10	Jack Shewell-Cooper	16	3	32.77		(48.12/52.96/61.13/50.41)
		11	Joshua Higgins	14	3	18.20	PB (12.3s)	
		13	Andrew Bays	15	2	51.12	PB (13.8s)	(35.80/44.55/50.19/40.58)
Back	50m	9	Lauren Andrew	20		50.07	PB (1.4s)	(24.35 / 25.72)
		12	Georgina Lawson	11		36.20	PB (1.6s)	
			Katie Gormley	19		40.04	PB (2.6s)	
		14	Niamh Gormley	16		38.80		(18.97 / 19.83)
			Ellen Hunt	17		41.03		

Total (All sessions)

Swims	115		1st Place	5
Personal Bests	79	81%	2nd Place	3
No Previous Times	14		3rd Place	3
Regional QTs	2		Finals	13
Club Records	2			