

Herts Masters 25th June 2011

Dist	Stroke	Age	Swimmer	Pos	Time			
100m	IM	Girls	25-29	Katie Bays	2	1 29.32	NPT	
			35-39	Dani Harrison	3	1 22.90	PB (1.7s)	
			45-49	Cate Jackson	1	1 18.70	NPT	East Reg Rec
100m	IM	Boys	25-29	Nicolai Thomson	4	1 21.65	NPT	
			30-34	Chris Barber Jnr	1	1 21.88	NPT	
			35-39	Rob Sewell	5	1 29.49		
			45-49	Martin Higgins	3	1 18.76		
				Jonathan Refson	4	1 23.75	NPT	
				Mark Formby	7	1 50.05	NPT	
			50-54	Wray Shewell-Cooper	1	1 09.92		
				Richard Knight	4	1 27.52		
			55-59	Steve Lestrangle	3	1 24.87		
			60-64	Ian Bays	1	1 26.60		
			David Cording	DNF				
50m	Back	Girls	25-29	Katie Bays	2	42.59	NPT	
			35-39	Dani Harrison	2	40.67	PB (0.3s)	
			45-49	Cate Jackson	1	35.74		
			65-69	Barbara Edlin	1	58.20	NPT	
			70-74	Jackie Jackson	1	53.51		
50m	Back	Boys	Snr	Simon Bays	2	36.88	NPT	
			30-34	Chris Barber Jnr	1	36.90		
				Tom Norris	2	43.12	NPT	
			45-49	Martin Higgins	3	36.18		
				Julian Swindale	4	38.80	NPT	
				Steve Shipman	9	52.73	PB (4.0s)	
			50-54	Wray Shewell-Cooper	2	33.23		
				Richard Knight	5	41.29		
			55-59	Steve Lestrangle	2	42.67		
			60-64	Ian Bays	1	45.90		
			David Cording	3	55.09	NPT		
50m	Breast	Girls	65-69	Barbara Edlin	1	55.51	NPT	
50m	Breast	Boys	Snr	Matt Gardner	2	36.43		
			25-29	Nicolai Thomson	4	39.97	NPT	
			40-44	Daryl Mason	1	31.74	PB (1.1s)	Club Rec
				Greg Stapleton	DQ			
			45-49	Paul Newman	1	37.21	PB (2.5s)	
				Martin Higgins	1	37.21		
				Jonathan Refson	6	38.81	PB (0.9s)	
				Mark Formby	9	44.93	NPT	
			50-54	Wray Shewell-Cooper	2	35.83		
				Richard Knight	7	44.74		
				Ed Lawson	8	45.00	PB (0.8s)	
			55-59	Steve Lestrangle	3	42.78		
				Richard McGonegle	4	42.79		
			60-64	Ian Bays	1	39.43		
						David Cording	3	1 08.06
50m	Fly	Girls	25-29	Katie Bays	5	42.84	NPT	

Herts Masters 25th June 2011

Dist	Stroke	Age	Swimmer	Pos	Time	
		35-39	Dani Harrison	2	35.63	PB (1.6s)
		40-44	Tracy Seal	4	38.71	PB (0.5s)
		45-49	Cate Jackson	1	33.25	
50m	Fly	Boys	Snr Daniel Adams	3	31.96	
		25-29	Nicolai Thomson	3	35.82	NPT
		35-39	Rob Sewell	6	40.11	
		50-54	Wray Shewell-Cooper	3	31.66	
			Richard Knight	7	42.27	
		55-59	Chris Barber Snr	3	44.49	NPT
		60-64	Ian Bays	1	35.49	
50m	Free	Girls	25-29 Katie Bays	6	38.93	
		35-39	Dani Harrison	3	32.85	PB (0.7s)
			Victoria Francis	5	45.81	
		40-44	Tracy Seal	5	35.88	
		45-49	Cate Jackson	1	29.84	
		65-69	Barbara Edlin	2	100.78	NPT
		70-74	Jackie Jackson	1	38.93	PB (1.7s) East Reg Rec
50m	Free	Boys	Snr Daniel Adams	2	27.10	
			Matt Gardner	3	28.00	
			Simon Bays	5	29.81	
			Frankie Fenwick	6	29.95	
		25-29	Nicolai Thomson	5	31.44	NPT
		30-34	Chris Barber Jnr	2	31.84	
			Tom Norris	3	33.24	NPT
		35-39	Rob Sewell	6	32.27	
		40-44	Daryl Mason	1	25.24	PB (0.2s)
			Eugene Gormley	10	32.50	
			Greg Stapleton	13	41.03	
		45-49	Julian Swindale	4	29.81	
			Jonathan Refson	5	30.88	PB (0.1s)
			Paul Newman	8	32.95	PB (1.6s)
			Mark Formby	13	38.00	
			Steve Shipman	14	41.99	
		50-54	Wray Shewell-Cooper	4	28.80	
			Richard Knight	10	33.68	
			Ed Lawson	11	35.97	
		55-59	Steve Lestrangle	2	29.68	
			Chris Barber Snr	4	38.27	NPT
		60-64	Ian Bays	1	34.89	
			David Cording	2	42.97	
4x25m	Free	Grls	160 Dani Harrison			PB (15.5s)
			Victoria Francis			PB (20.4s)
			Tracy Seal			PB (15.6s)
			Cate Jackson			PB (13.5s)
				1	104.38	
		200	Jackie Jackson		18.07	NPT
			Colette Newman		21.65	NPT

Herts Masters 25th June 2011

Dist	Stroke	Age	Swimmer	Pos	Time
			Barbara Edlin		26.21 NPT
			Katie Bays		<u>17.51</u>
				3	1 23.44
4x25m	Free	Boys	160		
			Wray Shewell-Cooper		
			Martin Higgins		
			Julian Swindale		
			Daryl Mason		
				1	50.67
			Jonathan Refson		14.47
			Rob Sewell		14.42
			Chris Barber Jnr		14.24 NPT
			Steve Lestrangle		<u>13.08</u> PB (0.3s)
				3	56.26
			Richard Knight		
			Chris Barber Snr		
			Nicolai Thomson		
			Eugene Gormley		
				4	1 00.94
			Mark Formby		
			Steve Shipman		
			Greg Stapleton		
			Tom Norris		
				5	1 06.81
			200		
			Paul Newman		14.85 NPT
			Matt Gardner		13.61
			Ed Lawson		15.58
			Ian Bays		<u>15.04</u>
				UAS	59.08
4x50m	Free	Girls	120		
			Dani Harrison		32.86
			Tracy Seal		36.02
			Katie Bays		37.27
			Cate Jackson		<u>30.89</u>
				3	2 16.94
4x50m	Free	Boys	Snr		
			Matt Gardner		29.33
			Frankie Fenwick		30.12
			Simon Bays		29.13 PB (0.3s)
			Daniel Adams		<u>26.52</u> PB (0.4s)
				1	1 55.14
			160		
			Wray Shewell-Cooper		
			Martin Higgins		
			Julian Swindale		
			Daryl Mason		
				2	1 55.11
			Jonathan Refson		
			Rob Sewell		
			Chris Barber Jnr		
			Steve Lestrangle		

Herts Masters 25th June 2011

Dist	Stroke	Age	Swimmer	Pos	Time
				3	2 06.93
			Richard Knight		
			Ian Bays		
			Nicolai Thomson		
			Eugene Gormley		
				4	2 12.91
		200	Paul Newman		33.08
			Richard McGonegle		34.90
			Ed Lawson		34.98 PB (0.2s)
			Andy Gardner		<u>32.41</u> PB (0.5s)
				1	2 15.78
4x25m	Medley	Mixed	160	Wray Shewell-Cooper	
				Daryl Mason	
				Dani Harrison	
				Cate Jackson	
				2	1 04.41
				Katie Bays	
				Martin Higgins	
				Tracy Seal	
				Julian Swindale	
				5	1 07.51
				Chris Barber Jnr	18.46 NPT
				Barbara Edlin	26.98 NPT
				Rob Sewell	16.50 PB (0.4s)
				Colette Newman	<u>23.25</u> NPT
				9	1 25.19
		200	Jackie Jackson		23.73 NPT
			Jonathan Refson		18.93 NPT
			Steve Lestrangle		14.84 NPT
			Victoria Francis		<u>20.00</u> PB (0.4s)
				1	1 17.59
4x25m	Medley	Boys	Snr	Simon Bays	17.69 NPT
				Frankie Fenwick	19.49
				Daniel Adams	14.10 PB (0.9s)
				Matt Gardner	<u>13.53</u>
				1	1 04.81
			Swims		159
			First Places		26
			Second Places		17
			Third Places		18
			Personal Bests		26
			No Previous Times		35
					38%
			East Region Records		2
			Championship Records		
			Club Records		1