



HERTFORDSHIRE AMATEUR SWIMMING ASSOCIATION

(County Association of the ASA East Region)

President: Derek Milton

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**Please pass this information
on promptly to the person
who deals with Masters**

Dear Colleague,

Date as post mark

2010 MASTERS COMPETITIONS (Under ASA Laws and Technical Rules)

This year's Masters Competitions will be held at The Venue Borehamwood on Saturday, 26th June 2010. Doors open at 6.00p.m. with the Women's warm-up starting at 6.30 p.m. until 6.50 p.m., followed by the Men's warm-up at 6.50 p.m. until 7.10 p.m. The gala will begin at 7.15 p.m.

Age Groups

The Age Groups for both Men and Women will be as follows:

Group "S" - 18 to 24 years (born 1986-92)	Group "A" - 25 to 29 years (born 1981-85)
Group "B" - 30 to 34 years (born 1976-80)	Group "C" - 35 to 39 years (born 1971-75)
Group "D" - 40 to 44 years (born 1966-70)	Group "E" - 45 to 49 years (born 1961-65)
Group "F" - 50 to 54 years (born 1956-60)	Group "G" - 55 to 59 years (born 1951-55)
Group "H" - 60 to 64 years (born 1946-50)	Group "J" - 65 to 69 years (born 1941-45)
Group "K" - 70 to 74 years (born 1936-40)	Group "L" - 75 to 79 years (born 1931-35)
Group "M" - 80 to 84 years (born 1926-30)	Group "N" - 85 to 89 years (born 1921-25)
Group "P" - 90 to 94 years (born 1916-20)	Group "Q" - 95 to 99 years (born 1911-15)

For all Groups, other than Group "S", ages shall be as at 31st December in the year of the competition. All swimmers in Group "S" shall be between 18 years on the first day of the competition and 24 years of age as at 31st December in the year of the competition. Please be sure that swimmers are aware and comply with the age requirements of Group "S".

Individual Events

The programme order for individual events (all swum as Women then Men) will be:

Events 1 & 2	100 m.	Individual Medley
Events 3 & 4	50 m.	Backstroke
Events 5 & 6	50 m.	Breaststroke
Events 7 & 8	50 m.	Butterfly
Events 9 & 10	50m.	Freestyle

Team Events

The following team events will be swum after the individual events (swum as Women then Men, apart from the Mixed medley) :

- 4 x 25 m. Freestyle Team - minimum aggregate age 165 years.
- 4 x 50 m. Freestyle Team - minimum aggregate age 140 years.
- 4 x 50 m. Freestyle Team - minimum aggregate age 72 years.
- Mixed 4 x 25 m. Medley Team (2 Women & 2 Men) - minimum aggregate age 160 years.
- 4 x 50 m. Medley Team - minimum aggregate age 72 years.

Each team in the Mixed Medley Team event must be made up of two women and two men whose aggregate ages are at least 160 years. The strokes will be swum in the usual order of Backstroke, Breaststroke, Butterfly and Freestyle but it does not matter which sex swims which stroke.

Conditions

A copy of the conditions governing these competitions is included with this information pack and on our website www.hertsasa.org.uk.

Eligibility

It should be noted that these are "closed" competitions and are only open to swimmers who meet the eligibility conditions laid down by the Hertfordshire ASA. This means that competitors must be bona fide members of your club and **ASA Registered competitors in the name of the club** at the time their entry is submitted. Failure to comply with these requirements means that a swimmer is not eligible to enter.

Entry Fees and Forms

The entry fee for each individual event is £4.00 and for each team event is £10.00 per team. Entry forms can be downloaded from our website namely www.hertsasa.org.uk.

Spectator admission to the gala on the day will be £2.00 per adult and £1.00 per concession and children. There will be no charge for programmes.

Closing Date

The closing date for the receipt of entries is **Friday 4th June 2010**. However, please remember that this is the **latest** date on which entries can be accepted - earlier ones will be gratefully received! **Late or incorrect entries will not be accepted.**

Sending of entries

Clubs should send their entries electronically using the Hy-Tek Team Manager Lite program to Gary Robb (email: garyrobb60@btinternet.com or mobile 07789 691880 or 12 Astwick Road, Stotfold, Hitchin, SG5 4AT). A report will be sent to the club confirming who has entered and which event.

Cardless Meet – No competitor cards

Once again we are running a cardless meet and confirmation that your entries have been received will be by means of a report sent to your Club.

Reporting-in on the day

You must report in on the day and signing-in sheets will be available in the foyer of 'The Venue'. Please do not sign in for other swimmers. If you do want to withdraw from any event you must advise Gary Robb in the computer room before the competition and no later than 6.55 .pm. on the day of the competition.

Event Results

All events are decided on heat time and placing classification (known as Heat declared Winners HDW) and no finals are swum. In every individual event all swimmers from all groups will be listed on the programme in graduated time order, slowest first, according to their submitted entry times. If no entry time is submitted the entry will not be accepted. Competitors will therefore swim against those with similar times, irrespective of their age groups. Subsequently, the winner of each Age Group will be determined from the times actually recorded.

Following the Competitions, the results will be uploaded to the ASA's ranking site. The ASA system will automatically reject any swimmers whose details do not match exactly those on their registration card and so their times will not be included in the rankings.

Medals and Certificates

Following consultation with clubs, gold medals will be awarded to the winners of individual events in each age group. In addition, certificates will also be awarded to those placed first, second or third in each age category but will not be handed out automatically on the day. If you would like a certificate you may request one from the Medal Stewards and it will be sent to you after the gala.

East Region Masters Competitions

The East Region Masters Championships will be held on Saturday October 2nd 2010 at Newmarket and the East Region Inter-Counties Masters Competition will be held on Sunday, 21st November 2010, also at Newmarket.

We sincerely hope that you will support our Masters Competitions, which are always most enjoyable occasions.

I hope that all of this is clear, but if you have any queries whatsoever please do get in touch with me and I will try to help.

Yours sincerely,

Richard Sumner