

## National Arena Swimming League Round 3 - 11th December 2010

No	Event	Dist	Pos	Swimmer				
1	Ind. Medley	Girls	200m	6	Brooke Killick			
	Open				2:53.16	(35.78/44.12/50.38/42.88)		
2	Ind. Medley	Boys	200m	3	Wray Shewell-Cooper			
					2:30.42	(30.78/39.66/43.52/36.46)		
3	Freestyle Relay	Girls	4x50m	5	Eleanor Lawson	Rachel Connery	Katharine McEnergy	Lauren Andrew
	9-11				37.88	39.06	35.37	37.31
4	Freestyle Relay	Boys	4x50m	2	Luke Maddock-Lyon	Jack Shewell-Cooper	David Shipman	Ben Harrison
					35.43	NTR	35.00	33.99
5	Medley Relay	Girls	4x50m	1	Georgina Lawson	Andrea Houben	Phoebe Love	Natalie Connor
	13 and under				35.91	39.03	35.50	32.18
6	Medley Relay	Boys	4x50m	4	Joshua Higgins	Oliver Formby	Ben Harrison	Aryan Alekasir
					40.26	45.10	40.60	28.58
7	Freestyle Relay	Girls	4x50m	4	Niamh Gormley	Katie Gormley	Anna Church	Danielle Houben
	15 and under				34.34	33.07	33.37	35.00
8	Freestyle Relay	Boys	4x50m	4	Andrew Bays	Oliver Formby	Michael Batey	Aryan Alekasir
					NTR	35.12	30.06	28.97
9	Medley Relay	Girls	4x50m	2	Nicky Reynolds	Brooke Killick	Sophie Connor	Natalie Connor
	Open				36.44	39.92	32.15	31.52
10	Medley Relay	Boys	4x50m	5	Jake Killick	Wray Shewell-Cooper	Daniel Adams	Robert Branch
					31.31	35.34	32.16	29.00
11	Backstroke	Girls	50m	5	Rachel Connery			
	10-11				45.41	(20.96/24.45)		
12	Backstroke	Boys	50m	4	Jack Higgins			
					43.44	(20.19/23.25)		
13	Breaststroke	Girls	100m	2	Andrea Houben			Result
	13 and under				1:29.09	(41.90/47.19)		1st Greenwich 239
14	Breaststroke	Boys	100m	4	Oliver Formby			2nd Brompton Bees 183
					1:42.56	(47.46/55.10)		3rd Bethnal Green 176
15	Backstroke	Girls	100m	4	Anna Church			4th Potters Bar 171
	15 and under				1:24.89	(40.96/43.93)		5th Clissold 143
16	Backstroke	Boys	100m	6	Joshua Higgins			6th Tring 122
					1:26.04	(40.94/45.10)		
17	Butterfly	Girls	100m	1	Sophie Connor			First Places 5
	Open				1:12.06	(33.03/39.03)		Personal Bests 23
18	Butterfly	Boys	100m	4	Jake Killick			
					1:05.51	(30.61/34.90)		
19	Butterfly	Girls	50m	6	Lauren Andrew			
	10-11				42.58	(18.18/24.40)		
20	Butterfly	Boys	50m	2	Ben Harrison			
					39.87	(17.18/22.69)		
21	Backstroke	Girls	100m	DQ	Georgina Lawson			
	13 and under				1:19.53 turn			
22	Backstroke	Boys	100m	4	Joshua Higgins			
					1:28.28	(42.56/45.72)		
23	Butterfly	Girls	100m	4	Andrea Houben			
	15 and under				1:25.35	(38.12/47.23)		
24	Butterfly	Boys	100m	4	Andrew Bays			
					1:13.70	(32.59/41.11)		
25	Backstroke	Girls	100m	4	Nicky Reynolds			
	Open				1:17.63	(37.25/40.38)		
26	Backstroke	Boys	100m	5	Wray Shewell-Cooper			
					1:13.19	(34.78/38.41)		
27	Breaststroke	Girls	50m	6	Katharine McEnergy			
	10-11				49.47	(22.12/27.35)		
28	Breaststroke	Boys	50m	2	Lorcan Vieyra			
					47.46	(21.47/25.99)		
29	Butterfly	Girls	100m	1	Natalie Connor			
	13 and under				1:21.57	(36.81/44.76)		
30	Butterfly	Boys	100m	5	Kaywon Alekasir			
					1:34.40	(42.12/52.28)		
31	Freestyle	Girls	100m	4	Katie Gormley			
	15 and under				1:13.12	(34.56/38.56)		
32	Freestyle	Boys	100m	2	Aryan Alekasir			
					1:04.78	(30.00/34.78)		
33	Breaststroke	Girls	100m	5	Brooke Killick			
	Open				1:28.00	(40.03/47.97)		
34	Breaststroke	Boys	100m	3	Wray Shewell-Cooper			
					1:18.81	(36.65/42.16)		
35	Freestyle	Girls	50m	5	Rachel Connery			
	10-11				39.67	(18.84/20.83)		
36	Freestyle	Boys	50m	3	David Shipman			
					35.14	(16.44/18.70)		
37	Freestyle	Girls	100m	1	Phoebe Love			
	13 and under				1:08.90	(33.56/35.34)		
38	Freestyle	Boys	100m	2	Aryan Alekasir			
					1:07.17	(31.02/36.15)		
39	Breaststroke	Girls	100m	3	Danielle Houben			
	15 and under				1:32.72	(43.21/49.51)		
40	Breaststroke	Boys	100m	4	Andrew Bays			
					1:28.71	(40.44/48.27)		
41	Freestyle	Girls	100m	2	Sophie Connor			
	Open				1:07.56	(31.81/35.75)		
42	Freestyle	Boys	100m	3	Jake Killick			
					59.29	(28.03/31.26)		
43	Medley Relay	Girls	4x50m	5	Rachel Connery	Katharine McEnergy	Lauren Andrew	Eleanor Lawson
	9-11				45.65	50.22	43.59	38.47
44	Medley Relay	Boys	4x50m	DQ	Jack Higgins	Lorcan Vieyra	Ben Harrison	Jack Shewell-Cooper
					43.81	48.75	41.96	34.51
45	Freestyle Relay	Girls	4x50m	1	Phoebe Love	Georgina Lawson	Natalie Connor	Andrea Houben
	13 and under				30.88	31.24	31.54	32.18
46	Freestyle Relay	Boys	4x50m	2	Aryan Alekasir	Joshua Higgins	Kaywon Alekasir	Oliver Formby
					28.97	35.21	34.76	32.84
47	Medley Relay	Girls	4x50m	4	Anna Church	Danielle Houben	Niamh Gormley	Katie Gormley
	15 and under				38.93	43.47	41.00	32.99
48	Medley Relay	Boys	4x50m	3	Joshua Higgins	Andrew Bays	Aryan Alekasir	Michael Batey
					40.59	39.81	36.12	29.63
49	Freestyle Relay	Girls	6x50m	2	Brooke Killick	Sophie Connor	Phoebe Love	Georgina Lawson
	Open				30.66	30.46	30.63	31.75
50	Freestyle Relay	Boys	6x50m	2	Wray Shewell-Cooper	Martin Higgins	Robert Branch	Aryan Alekasir
					28.23	28.40	28.38	30.50
								Natalie Connor 30.82
								Daniel Adams 27.24
								Jake Killick 26.60
								Andrea Houben 31.93