

# NASL Results - Round 3 - 10th December 2011

Time	Place	PB
<b>Event # 1 Girls 200 IM</b> 2:52.12S 36.87 43.87 51.54 39.84 Hunt, Ellen	6	
<b>Event # 2 Boys 200 IM</b> 2:31.94S 31.28 38.83 45.72 36.11 Shewell-Cooper, Wray	6	
<b>Event # 3 Girls 200 Free Relay 9-11</b> 2:19.46 S Katie Conyers (11) 34.00 35.60 33.82 36.04 Potters Bar SC Georgina Tallon (10)	1	Stephanie Tallon (10)
<b>Event # 3 Girls 200 Free Relay 9-11 - Lead-Off Legs ( 50 Free )</b> 34.00S Conyers, Katie		-0.74
<b>Event # 4 Boys 200 Free Relay 9-11</b> 2:08.12 S Morgan Newman (11) 32.28 32.74 31.82 31.28 Potters Bar SC Ben Harrison (11)	1	David Shipman (11)
<b>Event # 4 Boys 200 Free Relay 9-11 - Lead-Off Legs ( 50 Free )</b> 32.28S Newman, Morgan		-0.71
<b>Event # 5 Girls 200 Medley Relay13 &amp; Under</b> 2:25.61 S Claire Dean (13) 37.28 41.69 33.42 33.22 Potters Bar SC Katie Gormley (13)	2	Jessica Hurley (12)
<b>Event # 5 Girls 200 Medley Relay13 &amp; Under - Lead-Off Legs ( 50 Back )</b> 37.28S Dean, Claire		-1.24
<b>Event # 6 Boys 200 Medley Relay13 &amp; Under</b> 2:24.53 S Joshua Higgins (13) 37.38 39.20 37.24 30.71 F A Relay Potters Bar SC Thilan Walallawita (13)	3	Oliver Formby (13)
<b>Event # 6 Boys 200 Medley Relay13 &amp; Under - Lead-Off Legs ( 50 Back )</b> 37.38S Higgins, Joshua		-0.12
<b>Event # 7 Girls 200 Free Relay15 &amp; Under</b> 2:03.01 S Phoebe Love (14) 29.51 33.17 32.48 27.85 Potters Bar SC Rebecca Hurley (13)	2	Georgina Lawson (14)
<b>Event # 7 Girls 200 Free Relay15 &amp; Under - Lead-Off Legs ( 50 Free )</b> 29.51S Love, Phoebe		
<b>Event # 8 Boys 200 Free Relay15 &amp; Under</b> 1:54.39 S Aryan Alekasir (14) 28.46 28.42 29.03 28.48 Potters Bar SC James Ayres (14)	2	Andrew Bays (15)
<b>Event # 8 Boys 200 Free Relay15 &amp; Under - Lead-Off Legs ( 50 Free )</b> 28.46S Alekasir, Aryan		
<b>Event # 9 Girls 200 Medley Relay</b> 2:22.42 S Ellen Hunt (16) Potters Bar SC Danielle Houben (14)	4	Claire Dean (13)

38.04 41.50 31.71 31.17

**Event # 9 Girls 200 Medley Relay - Lead-Off Legs ( 50 Back )**

38.04S Hunt, Ellen

**Event # 10 Boys 200 Medley Relay**

1:58.35 S Potters Bar SC 2  
Wray Shewell-Cooper (50) Daryl Mason (41) John Cunningham (41) Robert Branch (16)  
33.16 31.66 26.75 26.78

**Event # 10 Boys 200 Medley Relay - Lead-Off Legs ( 50 Back )**

33.16S Shewell-Cooper, Wray

**Event # 11 Girls 50 Back 10-11**

43.38S Tallon, Georgina 5  
21.22 22.16

**Event # 12 Boys 50 Back 10-11**

38.86S Higgins, Jack 3  
19.54 19.32

**Event # 13 Girls 100 Breast 13 & Under**

1:29.18S Houben, Andrea 2  
41.21 47.97

**Event # 14 Boys 100 Breast 13 & Under**

1:27.54S Walallawita, Thilan 2 -1.43  
40.94 46.60

**Event # 15 Girls 100 Back 15 & Under**

1:08.64S Lawson, Georgina 1 -3.57 **Club Record**  
16.91 16.77 17.79 17.17

**Event # 16 Boys 100 Back 15 & Under**

1:21.28S Higgins, Joshua 8 -0.13  
18.49 20.36 21.74 20.69

**Event # 17 Girls 100 Fly**

1:09.84S Sanders, Kelly 3 -0.30  
15.04 16.98 18.37 19.45

**Event # 18 Boys 100 Fly**

59.91S Cunningham, John 2  
12.80 15.46 15.56 16.09

**Event # 19 Girls 50 Fly 10-11**

37.47S Andrew, Lauren 5 -0.48  
17.23 20.24

**Event # 20 Boys 50 Fly 10-11**

35.25S Woodward, James 1 -0.16  
16.06 19.19

**Event # 21 Girls 100 Back 13 & Under**

1:25.08S Gormley, Katie 5  
20.28 20.97 22.06 21.77

**Event # 22 Boys 100 Back 13 & Under**

1:24.01S Higgins, Joshua 5  
19.36 20.82 21.23 22.60

**Event # 23 Girls 100 Fly 15 & Under**

1:14.39S Love, Phoebe 1  
14.98 19.25 19.83 20.33

<b>Event # 24</b>	<b>Boys 100 Fly 15 &amp; Under</b>	1:09.42S			Bays, Andrew	3	-0.54	
		14.08	17.19	19.02	19.13			
<b>Event # 25</b>	<b>Girls 100 Back</b>	1:13.10S			Sanders, Kelly	2		
		17.43	18.08	18.73	18.86			
<b>Event # 26</b>	<b>Boys 100 Back</b>	1:11.33S			Shewell-Cooper, Wray	6		
		16.60	17.94	18.80	17.99			
<b>Event # 27</b>	<b>Girls 50 Breast 10-11</b>	51.03S			Tallon, Stephanie	7		
		23.54	27.49					
<b>Event # 28</b>	<b>Boys 50 Breast 10-11</b>	43.54S			Newman, Morgan	2		
		20.13	23.41					
<b>Event # 29</b>	<b>Girls 100 Fly 13 &amp; Under</b>	1:18.91S			Houben, Andrea	2		
		16.39	19.38	21.40	21.74			
<b>Event # 30</b>	<b>Boys 100 Fly 13 &amp; Under</b>	1:24.37S			Harrison, Ben	3		
		16.39	21.20	23.60	23.18			
<b>Event # 31</b>	<b>Girls 100 Free 15 &amp; Under</b>	1:01.62S			Lawson, Georgina	1	-1.08	Club Record
		14.14	15.73	16.05	15.70			
<b>Event # 32</b>	<b>Boys 100 Free 15 &amp; Under</b>	1:01.94S			Alekasir, Aryan	3		
		14.50	15.00	17.16	15.28			
<b>Event # 33</b>	<b>Girls 100 Breast</b>	1:26.59S			Sanders, Kelly	5		
		18.24	21.97	23.24	23.14			
<b>Event # 34</b>	<b>Boys 100 Breast</b>	1:10.86S			Mason, Daryl	1		
		15.28	18.45	18.73	18.40			
<b>Event # 35</b>	<b>Girls 50 Free 10-11</b>	33.85S			Conyers, Katie	3	-0.89	
		16.18	17.67					
<b>Event # 36</b>	<b>Boys 50 Free 10-11</b>	31.42S			Shipman, David	1	-0.01	
		15.40	16.02					
<b>Event # 37</b>	<b>Girls 100 Free 13 &amp; Under</b>	1:08.86S			Gormley, Katie	2	-0.77	
		15.48	17.71	18.26	17.41			
<b>Event # 38</b>	<b>Boys 100 Free 13 &amp; Under</b>	1:08.94S			Pooni, Jash	4	-0.36	
		15.60	17.66	18.62	17.06			
<b>Event # 39</b>	<b>Girls 100 Breast 15 &amp; Under</b>	1:32.99S			Gormley, Katie	5		
		19.39	23.47	25.10	25.03			
<b>Event # 40</b>	<b>Boys 100 Breast 15 &amp; Under</b>							

	1:26.22S		Ayres, James		5	
	17.06	22.13	22.63	24.40		
<b>Event # 41</b>	<b>Girls 100 Free</b>					
	1:03.89S		Love, Phoebe		2	-0.12
	15.10	16.08	16.88	15.83		
<b>Event # 42</b>	<b>Boys 100 Free</b>					
	55.94S		Cunningham, John		2	
	12.44	14.53	14.54	14.43		
<b>Event # 43</b>	<b>Girls 200 Medley Relay 9-11</b>					
	2:46.02 S		Potters Bar SC		3	
	Georgina Tallon (10)		Stephanie Tallon (10)		Lauren Andrew (11)	Katie Conyers (11)
	43.83	50.48	38.10	33.61		
<b>Event # 43</b>	<b>Girls 200 Medley Relay 9-11 - Lead-Off Legs ( 50 Back )</b>					
	43.83S	F	Tallon, Georgina			
<b>Event # 44</b>	<b>Boys 200 Medley Relay 9-11</b>					
	2:31.13 S		Potters Bar SC		1	
	Jack Higgins (11)		James Woodward (11)		Ben Harrison (11)	David Shipman (11)
	39.76	42.83	37.01	31.53		
<b>Event # 44</b>	<b>Boys 200 Medley Relay 9-11 - Lead-Off Legs ( 50 Back )</b>					
	39.76S		Higgins, Jack			
<b>Event # 45</b>	<b>Girls 200 Free Relay13 &amp; Under</b>					
	2:08.96 S		Potters Bar SC		2	
	Katie Gormley (13)		Claire Dean (13)		Jessica Hurley (12)	Andrea Houben (13)
	33.17	31.01	33.65	31.13		
<b>Event # 45</b>	<b>Girls 200 Free Relay13 &amp; Under - Lead-Off Legs ( 50 Free )</b>					
	33.17S		Gormley, Katie			
<b>Event # 46</b>	<b>Boys 200 Free Relay13 &amp; Under</b>					
	2:04.20 S		Potters Bar SC		1	
	Jash Pooni (13)		Jack Shewell-Cooper (12)		Oliver Formby (13)	Thilan Walallawita (13)
	31.06	33.05	31.17	28.92		
<b>Event # 46</b>	<b>Boys 200 Free Relay13 &amp; Under - Lead-Off Legs ( 50 Free )</b>					
	31.06S		Pooni, Jash			
<b>Event # 47</b>	<b>Girls 200 Medley Relay15 &amp; Under</b>					
	2:18.50 S		Potters Bar SC		1	
	Georgina Lawson (14)		Danielle Houben (14)		Phoebe Love (14)	Rebecca Hurley (13)
	31.99	41.27	33.16	32.08		
<b>Event # 47</b>	<b>Girls 200 Medley Relay15 &amp; Under - Lead-Off Legs ( 50 Back )</b>					
	31.99S		Lawson, Georgina		-0.81	Club Record
<b>Event # 48</b>	<b>Boys 200 Medley Relay15 &amp; Under</b>					
	2:13.88 S		Potters Bar SC		4	
	James Ayres (14)		Luc Houben (15)		Andrew Bays (15)	Aryan Alekasir (14)
	36.53	37.96	31.53	27.86		
<b>Event # 48</b>	<b>Boys 200 Medley Relay15 &amp; Under - Lead-Off Legs ( 50 Back )</b>					
	36.53S		Ayres, James			
<b>Event # 49</b>	<b>Girls 6 * 50m Relay Open</b>					
	28.28S		Lawson, Georgina		2	-0.61
	28.83S		Love, Phoebe		2	Club Record
	29.70S		Sanders, Kelly		2	
	30.07S		Houben, Andrea		2	
	30.77S		Hunt, Ellen		2	

31.35S	Dean, Claire	2
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**Event # 50 Boys 6 \* 50m Relay Open**

25.49S	Mason, Daryl	2
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24.26S	Cunningham, John	2
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26.33S	Branch, Robert	2
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27.25S	Alekasir, Aryan	2
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27.62S	Shewell-Cooper, Wray	2
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29.04S	Ayres, James	2
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